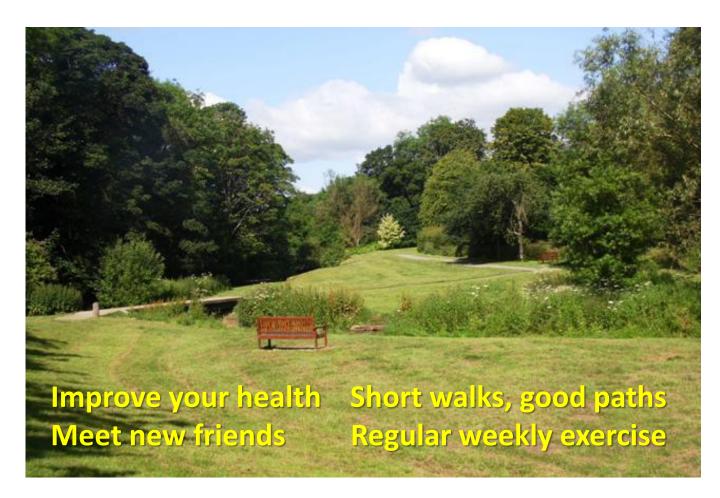




New Free Health Walks in Ponteland



Every Tues at 10:30am at the Leisure Centre Walks start Tuesday 7th May 2019

Short Walks, easy terrain, 60 to 90 minutes Led by trained volunteers

To know more contact West Northumberland Health Walks Co-ordinator Lorraine Oliver on 01670 622368 or loliver@activenorthumberland.org.uk, or local walks leader Gordon Allan on 07936 135469. Assistance dogs only please.